

DIVANI
ATHENS
SPA & THALASSO
CENTRE



face

FACE TREATMENTS

BASIC TREATMENTS

RITUAL OF PURITY 90 min | €100.00

A customised cleansing treatment that purifies all skin types.

FACIAL MASSAGE 25 min | € 60.00

Relaxing, hydrating, stress relief facial massage including the décolleté.

HEART OF THE OCEAN (ABSOLUTE HYDRATION) 60 min | € 80.00

An enhanced treatment for absolute hydration, using active ingredients from the ocean, rich in minerals and trace elements. Contains hyaluronic acid for maximum hydration to the deepest layers of the skin.

Your skin will be smoother than ever.

SPECIALISED TREATMENTS

PRODIGE DES OCEANS 90 min | € 120.00

This Beauty Ritual provides ultimate revitalization and total youthfulness. It provides the revitalizing benefits of Intelligence Marine Regenerative, a complete con-centrate of 63 marine active ingredients – exclusive THALGO patent. Prodige des Oceans offers pure plumping oxygenation, and its iconic massage inspired by Ko Bi Do, an ancestral Japanese manual facelift technique, visibly smooths wrinkles and restores firmness and elasticity to the skin. The face glows with renewed youth.

ILLUMINATING RADIANCE FACIAL 40 min | € 65.00

Reveal your skin's beauty and radiance in just 40 minutes! The facial begins with a relaxing welcome massage, cleanse and exfoliation, after which the Ultra Radiance Mask is applied with "botox-like" effect.

ST. BARTH PURENESS 60 min | € 110.00

Face and décolleté treatment using the highest quality cleansing products, with base ingredients of flowers and fruits from the Caribbean.

ST. BARTH FRESHNESS 90 min | € 125.00

Facial and décolleté treatment with fresh papaya, pineapple or cucumber mousse.

THALGO REGENERATING & FIRMING TREATMENTS

THALGO COLLAGEN SMOOTH & FILL FACIAL (25+) 60 min | € 70.00

Facial treatment with collagen leaves for deep hydration and smoothing expression lines.

Immediate results from the first application, reviving the skin's glow.

THALGO HYALURONIC TREATMENT (35+) 60 min | € 80.00

A unique treatment using hyaluronic acid molecules which retain moisture in the skin.

Combined with massage, there is immediate improvement to fine lines and wrinkles on the face.

THALGO SILICIUM (40+) 75 min | € 90.00

A spectacular therapy with specific active ingredients such as collagen, hyaluronic acid and silicon (silicium), selected to improve firmness, filling and smoothing of wrinkles.

A single application is sufficient to see your skin refreshed and bright, and facial contours more toned.

THALGO BEAUTY FLASH 40 min | € 65.00

The ultimate express face and eye treatment using the unique Thalgo Eye Massage Mask.

The final effect will leave you with a healthy glow and an instant rejuvenation of the eye contour area.

body BODY TREATMENTS

SPECIALISED SEA TREATMENTS

THALGO MARINE PRELUDE 60 min | € 95.00

This ultimate exfoliation treatment is ideal before weight loss or sun tanning. Natural sea salts and marine mud exfoliate infuse the skin with beneficial minerals. Skin is left feeling smooth and refined after the removal of dead skin cells, and the entire body is invigorated and relaxed.

CLASSIC MICRONISED SEAWEED TREATMENT 30 min | € 70.00

The entire body is covered with a layer of hot algae, optimizing the penetration of oligo-elements. This has a remineralising, slimming and analgesic effect on the body.

AROMACEANE SLIMMING 60 min | € 90.00

A total body mask for replenishment of minerals that can be customized to the needs of each client, using Natural Marine Mud (100% mud from the Dead Sea) and essential oils for detoxification, slimming and relaxation.

EGYPTIAN MASSAGE 30 min | € 75.00

This technique is based on traditional Egyptian methods using a natural sponge (the Loofta or light, relaxing scrub and tranquilizing massage).

AESTHETIC TREATMENTS

THALGO INDOCEANE 90 min | € 120.00

A luxurious therapy inspired by the Orient, including an aromatic peel of essential oils, Ayurvedic massage with energising balm to release tension, and completed with a warm silk body wrap, leaving the body replenished and revitalised.

HIGH PRECISION SHAPING 45 min | € 70.00

A comprehensive slimming treatment which improves cellulite and assists with relaxation and excess weight. The combination of oxy and sculpt active technology enhances oxygenation of cells and prevents swelling. This treatment remodels and sculpts the body contours. Conducted with high precision massage for impressive results.

ST. BARTH SOFTNESS 30 min | € 80.00

Relaxing, peeling massage for velvety soft and smooth skin.

ST. BARTH ELASTICITY 30 min | € 85.00

Body mask from clay and pineapple or cucumber mousse. This is an intensive body treatment which improves skin conditions.

ST. BARTH SENSATION 50 min | € 110.00

A pampering body mask combined with a relaxing massage. The body mask provides the skin with an intensive moisture boost. Select your favourite scent: bourbon vanilla, tiare flowers or exotic lily. A creamy, silky mask is gently applied to the body to supply skin with nutrients and lipids from high quality plant oils. The mask's absorption is intensified by a wonderfully fragrant relaxing massage. Skin has a visibly improved appearance and velvety smooth texture.

AQUATIC SCRUB BODY TREATMENT 25 min | € 75.00

Thalgo's latest body scrub, based on a blend of almond, sunflower and apricot oil. It leaves your body moisturized and silky.

LPG LIPOSCULPTURE 35 min | € 80.00

LPG is one of the most effective ways to fight cellulite. This new technique revolutionized non-invasive liposculpture. We recommend to purchase a package for more visible results.

massage

MASSAGE TREATMENTS

DRY AREA HAND MASSAGE

APOLLON MASSAGE 75 min | € 135.00

A combination of the best massages available at our Thalassotherapy Centre, using essential oils. Includes hot stone, bamboo and head massage.

EY ZHN

30 min | € 75,00 or 60 min | € 110,00

Muscle massage with organic Greek olive oil enriched with organic Greek lavender.

RELAXING MASSAGE WITH ESSENTIAL OILS

25 min | € 60.00 or 50 min | € 100.00

Treatment which brings maximum relaxation, optimised by the calming effects of essentials oils.

“4 HANDS” RELAXING MASSAGE 25 min | € 110.00

Relaxing massage with essential oils, performed by two therapists for ultimate relaxation.

INDIAN MASSAGE

25 min | € 60.00 or 50 min | € 100.00

This Indian Ayurvedic massage removes tension from the muscles and plunges the body and mind into deep relaxation. The therapist performs a traditional, ancient method of massage known as Abyanga.

LYMPHODRAINAGE MASSAGE 60 min | € 110.00

This massage is aimed at our lymphatic system. Soft, slow and regular pressure assists to drain fluids and improve circulation. Ideal for treating oedema and cellulite.

ASIAN MASSAGE 50 min | € 100.00

This massage is based on Shiatsu, Thai and Korean methods.

It stimulates several energy points in your body and stimulates the flow of your vital energy.

BAMBOO MASSAGE 50 min | € 100.00

This massage combines advanced hand movements (kneading, pressure and gentle compression), with the skillful use of bamboo canes, to achieve a deep state of relaxation and major detoxification of the body.

Warm bamboo canes are used to unwind the lower back, focusing on tense areas, and the rib cage, shoulders and neck. It also stimulates and eases blood and lymphatic circulation.

HOT STONE MASSAGE 60 min | € 110.00

This latest method of the well known Stone Massage, heightens the senses to another level. Warm stones of different sizes are applied on specific spots of the body to facilitate the harmonious flow of fluids and energy. Stones become a natural heat and energy provider.

SHIATSU MASSAGE 60 min | € 130.00

An ancient Japanese version of Chinese acupressure massage, re-balancing the body's energy and setting in motion its own mechanisms of defence and recovery. It restores the patient physically, re-energizing to achieve greater inner peace, physical well-being and powers of concentration.

THAI MASSAGE 60 min | € 130.00

Thai massage originated more than 2,500 years ago in India. Thai massage is more energizing and rigorous than more classic forms of massage. It is also called Thai yoga massage, because the therapist uses his or her hands, knees, legs and feet to move you into a series of yoga-like poses.

REFLEXOLOGY MASSAGE

30 min | € 75.00

A specialised massage where the therapist applies pressure to particular points on the feet, balancing the nervous system. According to Chinese medicine, the sensory nerves of the body's organs are accessed from the soles of the feet. This massage is therefore effective in balancing and improving the function of internal organs.

THERAPEUTIC MASSAGE

30 min | € 75.00

A specialised body treatment ideal for assisting with muscle injuries.

HEAD MASSAGE

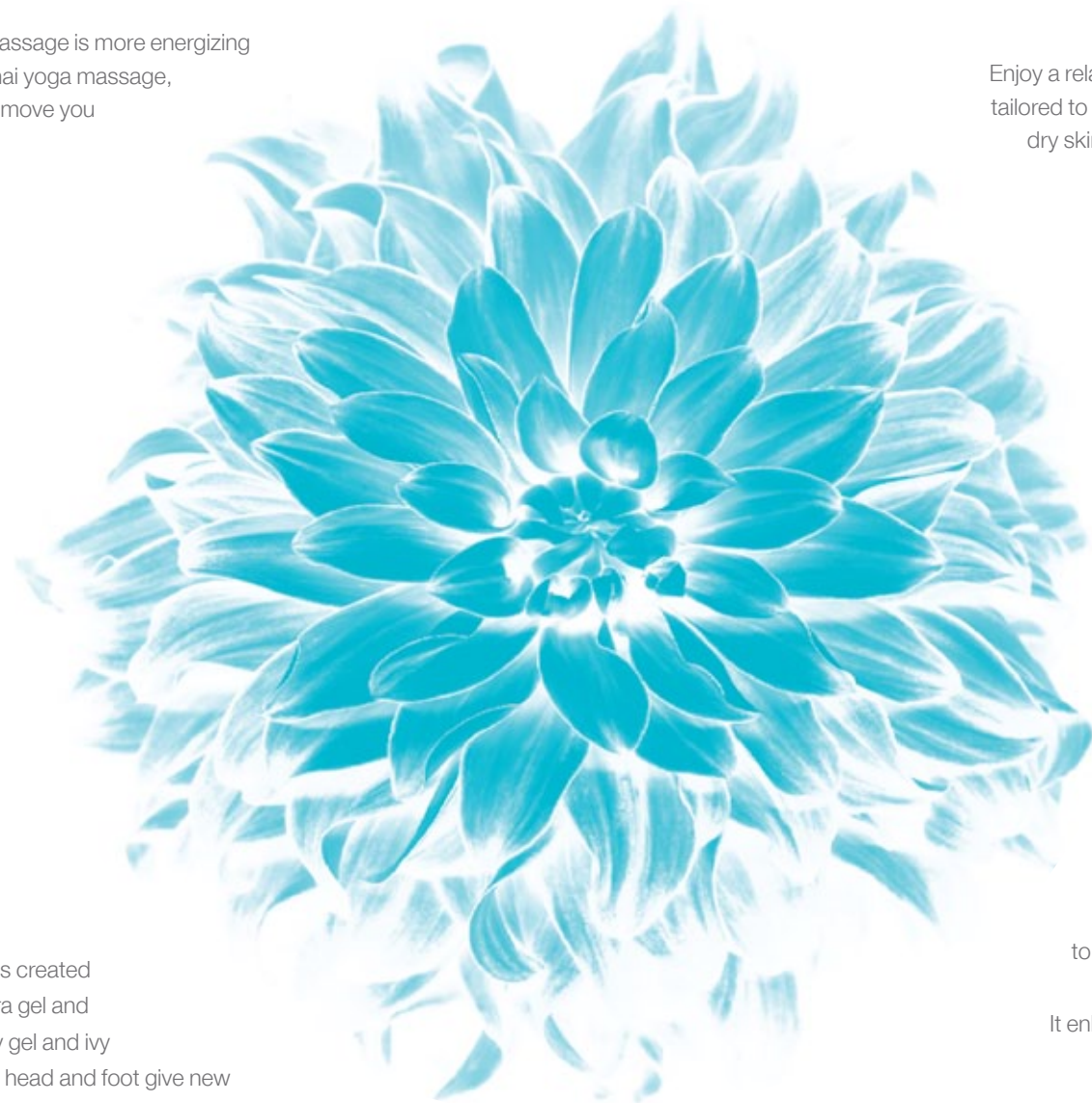
30 min | € 75.00

An enjoyable, soothing massage of the head, which evokes total calm and relaxation.

ST. BARTH MEN RELAXING HEAD & FOOT MASSAGE

30 min | € 80.00

The fragrance composition of the ST.BARTH line HOMME, which has created specifically for men, invites to relaxing moments. Refreshing aloe vera gel and regenerating moisturizing facial fluid HOMME as well as firming body gel and ivy extract pamper stressed male skin. Special massage strokes for the head and foot give new strength and vitality.



ST. BARTH HARMONY PAMPERING BODY MASSAGE

60 min | € 120.00

Enjoy a relaxing, gentle body massage with intensive body care products, specially tailored to your needs. Choose pure, warm coconut oil for intensive conditioning of dry skin, cold-pressed avocado oil for delicate skin or ivy gel and menthol oil for strengthening tissue and skin layers.

To round off the experience, let yourself be pampered with a touch of the Caribbean. Select your favorite body lotion with cold-pressed avocado oil, combined with a choice of three scents; pure bourbon vanilla, the Caribbean tiaré flower or lily.

ST. BARTH SLIMNESS

30 min | € 80.00

For rapid relief and relaxation of tired, swollen legs, especially helpful after extended periods of sitting, standing or after long flights. Our ivy gel releases blockages and drains excess fluids, while strengthening the veins and stimulating the lymphatic system. Menthol and camphor promote micro circulation, refresh and revitalise.

ST. BARTH CHILL OUT

90 min | € 150.00

This is an intensely relaxing body treatment, ideal for those who need to de-stress and rejuvenate. This unique massage uses a particular type of clam shell with self heating properties. It enhances circulation, moisturises and nourishes the skin with minerals and vitamins, and stimulates tissue metabolism and lymph flow.



CRYOTHERAPY

CRYOFAN

- Arms 30 min | € 50.00
- Chest 20 min | € 40.00
- Stomach 40 min | € 50.00
- Thighs 50 min | € 90.00
- Legs 20 min | € 40.00
- Face, Neck, Decollete 20 min | € 50.00

Cryotherapy is the application of cryogenically cooled liquid nitrogen to specific parts of the body and the face, exposing them to extreme temperatures as low as -162°C.

The increased blood flow, collagen and elastin formation gives skin tightening, anti-cellulite, anti-ageing, whitening and brightening results.

Cryotherapy is often combined with other body & face treatments to effectively “seal” their benefits.

Available also in packages of 10 /For the body and face a course of at least 10 treatments is recommended.

JET PLASMA LIFT + CRYOFAN

Face, Neck, Decollete 75 min | € 95.00

An advanced bio-electric technology that works in perfect synergy with the skin’s natural bio-electric field activates blood flow and collagen production, increasing skin’s capacity to rejuvenate itself, regain elasticity, appear smoother and bring forth a youthful glow. The micro current and galvanic technology with the application of Jett Serum Liftvital and Whitening Essence, serums containing pure vitamin C, hyaluronic and lactic acid, minimizes the appearance of fine lines, evens texture and gives a glowing healthy skin.



HYDROTHERAPY & HYDROMASSAGE

THALASSOTHERAPY POOL - ANALYTIC JET SESSION

Weekdays 45 min | € 45.00 Weekends 45 min | € 50.00

An under water jet massage is undertaken in the main Thalassotherapy pool, completed by simple exercises, making your body more supple and toned. Offers ultimate relaxation and decreases fluid retention.

HYDROMASSAGE SALT WATER BATHS

ST. BARTH DREAM 20 min | € 55.00

A jacuzzi bath with the added touch of oil from the Caribbean, offering relaxation and intense nourishment to the skin.

This beauty bath gives skin a velvety texture and long lasting glow. It assists with tissue oxygenation and offers the same benefits as a progressive massage, through the use of water jets aimed at various parts of the body. It relaxes muscles and stimulates blood circulation.

AFFUSION SHOWER 25 min | € 70.00

A relaxing massage under a warm, salt water shower, relieving tension and improving the quality of your sleep.

JET SHOWER 15 min | € 50.00

A deep massage using high pressure salt water, relaxing the muscles, and stimulating blood circulation and the lymphatic system.

CHROMOTHERM 30 min | € 50.00

In this treatment, seaweed is applied to the body following the method of chromotherapy. Warm seaweed and essential oils, combined with steam, assist with slimming and elimination of toxins.

THALAXION SALT WATER HYDROMASSAGE 20 min | € 50.00

This therapy combines the principles of acupressure and cryotherapy, with the beneficial properties of a hot tub of salt water. Ideal for treating issues with blood circulation, the lymphatic system and swelling.

Symmetria, winner of the “Best Clinic Award 2015”, is a world-class anti-aging institute meticulously designed with patient care and comfort in mind. Established in 2005 by plastic surgeon Dr Nikolaos Metaxotos, MD, PhD, a surgeon with global distinctions, Symmetria became a state-of-the-art medical & beauty clinic well-known around the world for the latest in technology in facial rejuvenation, non-invasive anti-aging techniques & body reshaping.

FACE

HYDRAFACIAL™ 45 min | € 120.00

The HydraFacial™ treatment is the newest breakthrough in skin resurfacing technology. This revolutionary treatment combines cleansing, exfoliation, extraction, hydration and antioxidant protection simultaneously, resulting in clearer, more beautiful skin with no discomfort or downtime. The treatment is soothing, moisturizing, non-invasive and non-irritating. It highly improves the appearance of fine lines, wrinkles, congested and enlarged pores, oily or acne-prone skin, hyper-pigmentation and brown spots. With results comparable to more aggressive chemical peels and microdermabrasion you will find this new approach a refreshing and relaxing alternative.

REVEAL IMAGER™ (SKIN CONSULTATION) 15 min | € 50.00

Canfield Complexion Analysis is a method of localization and analysis of skin damage. It is a useful diagnostic tool for the choice of suitable treatment and also for the follow-up of treatment results. Using Canfield’s exclusive RBX Technology, it shows subsurface pigmentation and vascular features to help skin care professionals develop highly targeted treatment recommendations.

DIAMOND MICRODERMABRATION WITH VITAMIN C 45 min | € 150.00

This treatment involves mechanical exfoliation that is perfect for dull, oily, blotchy or sun damaged skin. It minimizes the appearance of fine lines, wrinkles and age spots, enlarges pores, evens skin texture and blemishes.

The treatment is enhanced by a powerful anti-oxidizing effect of Vitamin C.

MICRONEEDLING COLLAGENESIS 45 min | € 120.00

Microneedling treatment ensures the improvement of skin tone, scars and stretch marks leading to fresh and radiant skin. Simultaneously during the treatment the therapist deposits vitamins and other healthy ingredients which penetrate immediately and easily in the deepest layers of epidermis.

FIRE & ICE REJUVENATING TREATMENT WITH AHA* 45 min | € 120.00

This treatment starts with a mild facial peeling using acids with low molecular weight and high bio-activity, which is one of the most effective methods for improving the appearance of the skin. A refreshing, chilly facial mask is applied ultimately for supreme results. Fine lines are being reduced and skin discoloration areas (such as freckles) are adjusted, leaving the skin fresh and natural. Acne scars are also softened if present.

**After the treatment you should avoid sun exposure. Suggested from October through March.*

BODY

XERO-LIPO METHOD 30 min | € 100.00

An innovative, pain-free, two different laser wavelengths technology combats and eliminates stubborn, localized fat deposits in areas that are resistant to exercise and diet.

NEUROMUSCULAR STIMULATION USING XERO-LIPO METHOD 30 min | € 100.00

Neuromuscular stimulation combines three different energy activities that results in muscles strengthening and skin tightening in the treated areas.

TARGETED BODY SHAPING WITH HYPOXI™ & VACUNAUT™

30 min | € 60.00

**Available also in packages of 8 including Nutrition control*

Hypoxi Therapy concentrates on your problem areas during an easy cardio training program. The internationally recognized and patented Hypoxi method created by Dr. Egger is a unique therapy proven to combat cellulite, stubborn fat deposits and poor connective tissue. Hypoxi therapy has been consistently shown to yield amazing results after just a few sessions. A course of 8 treatments is recommended over 4 weeks with 2 treatments per week.

VELASHAPE

Thighs | 200.00 € / Hips, Stomach | 150.00 € / Arms | 100.00 €

**Available also in packages of 6 including Nutrition control*

VelaShape is the first and only FDA-cleared, non-surgical, alternative for cellulite and circumference reduction. The secret behind VelaShape is a unique technique that combines powerful energies to reduce the volume and appearance of fat tissues. The final result is a gradual smoothing of skin’s surface with a noticeable reduction in cellulite and a circumferential reduction, with noticeable reshaping of the treated area.

A course of 6 treatments is recommended over 6 weeks with 1 treatment per week.

BODY CONTOUR THERAPY BY I-LIPO LIPOLYSIS METHOD™

30 min | € 100.00

**Available also in packages of 8 including nutrition control*

i-Lipo™ is a low laser lipolysis treatment offering you a way to achieve inch loss and body contouring with no pain, no needles and no down time. Typically a 2-4 cm loss in abdomen circumference can be achieved with every treatment.

A course of 8 treatments is recommended over 4 weeks with 2 treatments per week.

beauty

OTHER BEAUTY TREATMENTS

Basic Manicure	45 min € 40.00	Removal of semi permanent manicure or pedicure	€ 10.00
French Manicure	45 min € 45.00	Nail Polish for Hands	10 min € 20.00
Manicure semi permanent	60 min € 50.00	Nail Polish for Feet	10 min € 20.00
Basic Pedicure	60 min € 45.00	Professional Make Up	45 min € 60.00
French Pedicure	60 min € 50.00	Wedding Make Up	60 min € 150.00
Pedicure semi permanent	60 min € 55.00	Tryout Wedding Make Up	45 min € 50.00

WAXING

Full Leg	€ 50.00	Back/Chest	€ 45.00
Half Leg	€ 40.00	Lip	€ 20.00
Full Arm	€ 40.00	Chin	€ 20.00
Half Arm	€ 35.00	Full Face	€ 55.00
Bikini	€ 35.00	Eyebrows	€ 20.00
Brazilian Waxing	€ 45.00	Underarms	€ 25.00

fitness

GYM, AEROBIC GYM & AEROBIC EXERCISE

FITNESS CENTRE € 40.00

Our fully equipped gym, with state-of-the-art Technogym machines, offers everything you need for a complete workout.

GROUP CLASSES € 20.00 | YOGA LESSON € 20.00

TRX PERSONAL TRAINING 30 min | € 40.00

PERSONAL TRAINING (BY APPOINTMENT)

60 min | € 40.00

A custom exercise program tailored to your personal requirements, designed to enhance and improve fitness and physique. You can also choose from Pilates, Yoga, Aqua Aerobics or a total body work out.

** mandatory gym entrance fee*

HAMMAM / SAUNA € 40.00

The traditional Oriental steam room, with its benefits of "wet heat", generated by temperatures ranging between 40-45°C. Moisturizes, relaxes and stimulates blood circulation and the lymphatic system of the body.

The original Norwegian steam room, generating dry heat with temperatures between 80-90° C. Intense sweating provides natural detoxification and relieves muscle pain. Especially effective for weight loss.

NUTRITIONAL COUNSELING SESSION

Initial Consultation € 65.00

Following Consultations € 45.00

FOOD INTOLERANCE TEST (BLOOD TEST FSD) € 170.00

GENERAL CHECK-UP WITH OUR PHYSICIAN € 50.00



DIVANI ATHENS SPA & THALASSO

CENTRE

FOR RESERVATIONS

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OPERATING HOURS

Monday to Friday 10:00 to 22:00

Saturday 10:00 to 20:00

Sunday 11:00 to 19:00

www.divaniapollonthalasso.com